

Daily Survival Kit

Items Needed:

Toothpick, Rubber Band, Band Aid, Pencil, Eraser
Chewing Gum, Mint, Candy Kiss and Tea Bag

Why?

TOOTHPICK

To remind you to pick out the good qualities in others

RUBBER BAND

To remind you to be flexible, things might not always go the way you want,
but it will work out.

BAND AID

To remind you to heal hurt feelings, yours or someone else

PENCIL

To remind you to list your blessings everyday

ERASER

To remind you that everyone makes mistakes, and it's OK.

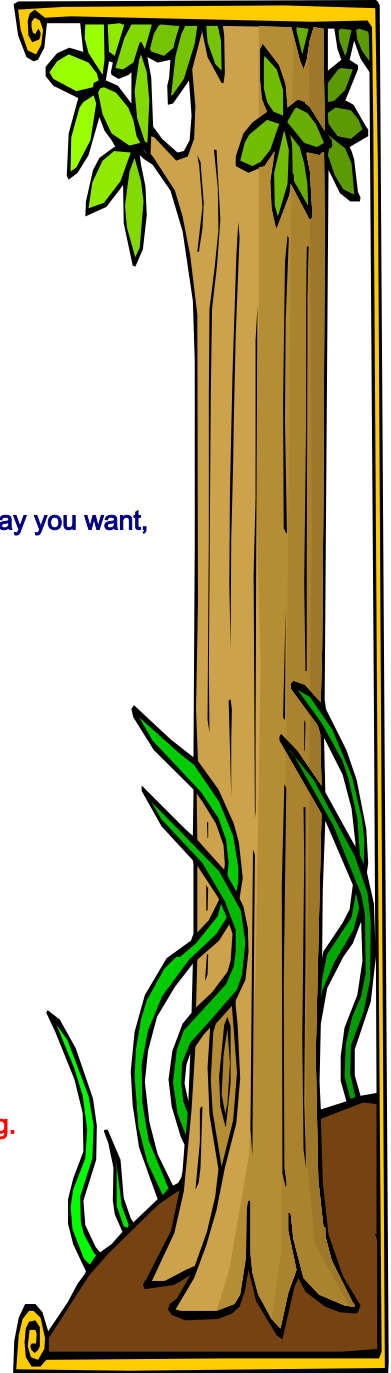
CHEWING GUM

To remind you to stick with it and you can accomplish anything.

MINT

To remind you that you are worth a mint!

CANDY KISS



To remind you that everyone needs a kiss or a hug everyday

TEA BAG

To remind you to relax daily and go over that list of Blessings

Author Unknown

