

SECRET #10 - TRUST, FAITH AND OTHER MAGIC

"There is a thinking stuff from which all things are made, and which, in its original state permeates, penetrates, and fills the interspaces of the universe."

"Financial Success", Wallace D. Wattles

You wake up; turn off the alarm clock made in Korea. Then you proceed to the washroom to shave with your razor manufactured in Germany. As you listen to the stereo produced in Japan you eat your corn flakes cereal created several states or provinces away. The fresh fruit salad consists of banana, kiwi, pineapple and grapes from far away lands. You put on your suit designed in France and drive your European sports car to work. Can you image if, for each of these items you had to go to the country of origin to pick up each and every item? Think of the air miles and the cost of going to so many countries. How long would it take to travel to the countries that these purchases come from and accumulate them all?

It is almost magical how everything that you need in life is available to you even though it is made or created by someone else, somewhere else in the world. We trust that if and when we need something the universe will provide it. We have the faith in our economy that it will be delivered as needed right on time.

Yet can we say the same for success? Can you trust and have faith that the same magic that produced these items of necessity in your life will deliver to you the success that you have always wanted.

There are over five billion people in the world. Each and every day these people are fed, clothed and housed. It is almost impossible for most of us to truly fathom how many people that this number actually is or imagine the resources required to care for that many people. Yet day in and day out just that happens. Is it magic? Can you trust in the power that delivers these necessities to billions to work for you in creating the success that you have always wanted? Why not?

In the book “Financial Success”, Wallace D. Wattles states:

“There is a thinking stuff from which all things are made, and which, in its original state permeates, penetrates, and fills the interspaces of the universe.”

“A thought placed in this substance produces the thing that is imagined by the thought.”

“A person can form things in his thought, and by impressing this thought upon the formless substance, can cause the thing he thinks about to be created.”

According to Wattles my thoughts of success, no matter what the type of success I desire, comes from my own thoughts. If you think you can you will. If you think you cannot, you will not. So what is this formless substance that allows you to succeed by impressing your thoughts on it? Wattles does not tell us what the formless substance is. Could it be god, a universal life force, or energy itself? It has been said that one of the most powerful forces available to humans is prayer. Is this the placing of the thought into the thinking stuff? Or is it the placing of a thought into the universe and having it permeate and penetrate the interspaces of the universe itself.

The reality may be that either works depending on your own personal belief system. Either way this is an incredibly powerful and important concept for us to grasp.

Napoleon Hill in his book, “THINK and GROW RICH” states that “thoughts are things”, and powerful things at that, when they are mixed with definiteness of purpose, persistence and a burning desire for their translation into riches, or other material objects. He further goes on to say that “we are the masters of our fate, the captains of our souls because we have the power to control our thoughts.”

“Our thoughts become magnetised with the dominating thoughts which we hold in our minds, and by means which no man is familiar, these “magnets” attract to us the forces, the people, the circumstances of life which harmonize with the nature of our dominating thoughts.”

He should have told us that before we can accumulate riches [*success*] in abundance, we must magnetize our minds with intense desire for riches [*success*], that we must become “money conscious” [*“success conscious”*] until the desire for money [*success*] drives us to create definite plans for acquiring it. [My emphasis]

What are your thoughts? Are they constantly negative, poisoning any chance for success. What does your self talk sound like? Self-talk is that little voice inside your head that makes negative comments such as “I am an idiot”, “I am too fat”, “I should have known better” and “I will never amount to anything.” Or are you hearing positive self talk like “I did a great job on that task”, “Wow, I love the way I did that”, “I love myself just the way I am” or “I like the way I look.”

You can control your thoughts and your self-talk. Remember that positive affirmations will assist you to do so. Paying attention to your self-talk and restating any negative comments with positive ones will also assist you in taking control of your thoughts. It may go something like this. In the middle of doing a job you make a mistake, and instantly you hear your internal voice say, “I knew you couldn’t do it.”

As soon as you hear yourself say this you could counter it with “I made a mistake and that is okay, everyone makes mistakes.” See how different this sounds. It is very important to catch all negative self-talk and restate the thought. If this is done over time you will stop berating yourself and you will develop a kindness and patience with yourself that will allow you to develop confidence in whatever you aspire to complete. Go back to Secret #2 - Positivity and refresh your learning.

So if our thoughts are things, and they can create things in the universe, what is the magic that allows this to happen? Is it God, or Allah or Buddha or some other religious figure? Is it a spiritual phenomenon? Is it a universal life force human kind has yet to discover? Whatever it is, you have to have faith and trust in it. If daily prayer allows you to have this faith, then say your daily prayers? If doing a meditation allows you to have this faith and trust do the meditation. The fact is that we all need to have faith or believe in something, better it be something kind and loving than the opposite. I believe “if we have a greater power in our lives, one that we can give us faith and trust, this will help us in our human journey.”

At certain times the problems we have are too large for us to handle as human beings. It is at this time that we need to have assistance from our higher power and trust in that higher power. An example is the loss of someone young. A recent family tragedy has highlighted the fact that it is very difficult for us to accept the loss of a young person in a tragedy. The grief is immense and the question of “why” is huge. Yet over time we can heal and it makes it easier to heal when we know that what we believe in will get us through this situation in life.

Each one of us has our own set of beliefs with regard to this topic. It is not the purpose of this secret to direct anyone’s choice of beliefs but to state that you may wish to investigate various beliefs and to adopt one that is in alignment with who you are.

Another untouchable source is something called **SYNERGY**. Synergy occurs when you take two different sources of energy or resources and combine them to create a greater whole. You hear this term used frequently in business. Company “A” merges or buys out company “B” and part of the rationale for this is that they are looking for the “synergy” created to build a company that is a greater whole than the sum of its parts.

We can find synergy in team sports or group activities. During an event, a team or group comes together and by doing so create a success story. One of the more trendy sayings that is making the rounds is that “there is no ‘I’ in team.” Maybe what is being stated is that there is no synergy being produced with a team of one.

Another saying that is heard quite often is the one that goes something like “It takes a team to build a dream.” Again, does it take a team to create synergy? Alternatively, does it take a team because we cannot do it all alone? Business is a good example of this concept. In business we generally have a team that assists us in guiding our enterprise to be the best that it can be. This may look like employees, an accountant, a lawyer, managers, customers, consultants, suppliers and so on.

So who is on your team? Whose synergy are you using to get to where you want to go in life, in relationship, in business, in moving on? Are you taking advantage of what a universal life force or team may provide in assisting you in making the changes you need to make? Do you try to go it alone and then wonder why it fails? We as individuals cannot possibly know it all and know everything. In part this is why we need to create or develop a team to help us.

Do not be afraid to ask for help. Asking for help from our spiritual source, family, friends, loved ones allows us to tap into those unseen magical forces illustrated above. On those days that you are in overwhelm let your higher power assist you in getting through the day. You will be truly amazed at how much lighter you will feel after passing what ails you over to that higher power. Asking for help creates a magical feeling in both the receiver of the help and those that are giving the help to you.

Can you remember what it felt like after you have helped someone who needed it? Simple things like opening a door for someone, helping an older person cross the street, picking something up from the floor that a handicapped person may not be able to get to, lifting something that is too heavy for someone else and so on. Not necessarily things that cost money but come from a place of caring and human kindness.

One day after a late night hockey game I was driving home on a road that is usually very quiet at that time of night. I saw a man at the side of the road hitching a ride. After pulling over I spoke to the gentleman and he stated that his car had broken down and had been standing there quite a while. I invited him into the car and told him I would take him as far as I was going which was where I lived. He was very appreciative and as we drove along we had a conversation. It turned out that he did not have any money with him and did not want to call home, as this would wake his wife who had to get up early the next morning to go to work. Hearing this I chose to take him further along on his journey passed my house and to the next town where he could get home.

After I had left the person I had this really good feeling. I felt good that I had helped this individual and that I was able to be of assistance to someone who needed help. I am sure he felt good to have received the help and appreciated not being out on a damp and cold night any longer than necessary. So why deny that feeling to yourself or to those you are helping to know that we live in a world that is full of people that truly want to help for the sake of helping and no other gain.

Invariably when we need help the most some of us ask for it the least. We deny others the opportunity to get that good feeling and create a world where we feel isolated and alone when, by asking for help, we could have the totally opposite feeling. The next time you find

yourself withdrawing and feeling lonely reach out and ask for help. Asking for help costs nothing but the gift you give yourself and the person being helped is priceless.

EXERCISE: I

So what magical forces do you believe in? What higher power or universal life force do you believe makes this world go around? Are you spiritual? Are you religious? Connect or re-connect with this power. Do you believe that such forces exist in the first place? Do you believe that this force whatever you may name it can and will take you where you desire to go or have in life. If not, can you align your thinking to allow yourself to believe that the Twelve Secrets to Success if followed successfully can take you there. If you are not at the stage to believe in yourself or the higher power of the universe you need to re-examine your programming. Re-read the tips in Secret #2 - Positivity and start anew.

Create a list of thoughts that can be “magnetized by the unknown substance” and are in line with your desired success. Be specific. Have these thoughts align with your spiritual beliefs to give them more power and let the formless substance take you where you desire.

EXERCISE: II

Remember the feeling of how it feels to help someone. If you cannot recall that feeling try doing some small things to help someone. Volunteer or look for opportunities where you may be of assistance. See the look of appreciation on the face of the person you are helping and feel the joy that comes to you when you help someone who needed assistance. Recall this feeling the next time you require someone else’s assistance.